ABSTRACT OF THE DISCLOSURE

Provided is a method of treating hypertension, which comprises administering an effective amount of a compound represented by the following formula (1) or (2):

$$R^{2}O$$
 CH=CHCOR³ (1)

$$R^{2}O$$
 $CH=CHCOR^{4}OC-CH=CH$ OR^{2} OR^{1} OR^{1}

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wherein, R¹ and R² are the same or different and each independently represents hydrogen, alkyl, alkenyl, cycloalkyl, cycloalkenyl, alkoxyalkyl, aryl, alkylaryl, aralkyl, or acyl, R³ represents hydroxyl, ester bond residue, or amide bond residue, R⁴ represents ester bond residue or amide bond residue, or a pharmaceutically acceptable salt thereof (except ferulic acid).

When the preventive or remedy for hypertension according to the present invention is administered, ferulic acid exists in the blood for a long period of time, thereby continuously suppressing a blood pressure rise. Moreover, the hypertension preventive or remedy according to the present invention has reduced in bitterness peculiar to ferulic acid, which enables patients to take it continuously.